



BERRY BLAST

Berries Help Improve Brain Function

A Memorable Mix of Blueberries, Raspberries, Strawberries, Banana and Young Coconut Water with a Cayenne Pepper Boost

Berries have gained a reputation for improving brain function, particularly memory, and may slow the onset of cognitive problems associated with aging. High in vitamins A, C, E and B as well as fiber, this is a smoothie you'll never forget!

A dash of cayenne pepper to boost metabolism and the electrolytes in young coconut water will keep your energy levels high. Feed your brain with this delicious treat!



GREEN MANGO

Rich in Antioxidants & Fiber

A Blending of Mango, Spinach, Pineapple, Banana, Young Coconut Water and Cayenne Pepper

Mangoes are so delicious that it's easy to forget how healthy they are! This antioxidant-rich smoothie is high in fiber and provides a boost of vitamins A, C, B₂, B₆ and K.

Everyone knows that vitamin C helps ward off colds, but did you know vitamin A is a key component in white blood cells to help fight off infection of all kinds? This delicious smoothie will help you feel well all year!



TROPICAL GREEN DETOX

Leafy Greens Help Detoxify the Liver

A Mix of Kale, Spinach, Apple, Pineapple, Lemon, Filtered Water and Ginger with a dash of Cayenne Pepper

This smoothie is truly the Queen of Greens! Antioxidant rich, it helps in the fight against cell-damaging free radicals. Calcium, magnesium, omega-3 fatty acids and vitamins A, C, E and K round out the healthful punch that this smoothie packs!

As its name suggests, this drink helps ease digestion and improve the detoxifying functions of the liver!



APPLE-GINGER ZING

Refreshing Boost of Electrolytes

A Blend of Apple, Green Grapes, Cucumber, Ginger, Pineapple, Strawberries, Lemon, Young Coconut Water and Cinnamon

This cool and delicious treat is a great refresher after exercise and sure to put spring back into your step.

High in dietary fiber, potassium, thiamin, magnesium, manganese, copper, iron, calcium and riboflavin as well as vitamins C, K, A, and B₆, this smoothie also provides an electrolyte boost from young coconut water.



BEET BERRY FRUIT

Beets Provide a Sweet Boost of Energy

A Vitamin-Packed Blend of Beets, Blueberries, Carrots, Apple, Banana, Pineapple, Strawberries, Young Coconut Water and a dash of Cayenne Pepper

Fuel your body with this nutrient-rich smoothie that's high in fiber and packed with vitamins and minerals.

Beets are a low-calorie treat that provide a great energy boost, with zero trans fat and zero saturated fat. You've gotta love a food that feeds your sweet tooth and is good for your body!



SPINACH GREEN GOODNESS

Packed with Vitamins & Minerals

A Combination of Spinach, Cucumber, Kiwi, Apple, Banana, Pineapple, Strawberries, Young Coconut Water and Cayenne Pepper

Vitamin rich, high in dietary fiber and chock full of potassium, copper, manganese, thiamin, riboflavin, calcium and magnesium, this green smoothie not only tastes great but packs a terrific healthful punch!

But that's not all—cayenne pepper increases your metabolism and helps your body burn calories.